

# Facilitation & Coaching For Leaders



*How*, is one word that unites leaders. When it comes to leading, coaching is made effective when one has a vision that serves as the blueprint for what they are building in the world. Learning how to effectively coach one's self and others is critical to achieving each goal. Facilitation is also critical as it is the art of supporting a community of people in moving as one towards a desired outcome. Facilitation employs some coaching techniques yet requires the ability to work with and synthesize a multitude of individual thoughts, beliefs, emotional states and behaviors simultaneously without attaching a meaning and deciding in the moment what is most useful.

Participants will:

- \*Practice using one (1) advance coaching skill and/or
- \*Practice using one (1) advanced facilitation skill.

You'll dance away from this experience with a deeper connection to yourself, a richer understanding of the art of facilitation and/or coaching and a new tool/skill that will support your ability to contribute to and transform your world!

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This dynamic experiential workshop will move beyond theory to integration & practical application of facilitation and/or coaching skills. The full day program offers additional advanced skills/tools.

**Time: Short Program: 2 hours**

**Cost: \$27 per participant (10+ participants required)**

**Date: TBD**

**Text, call or email me to schedule your experience today!**

**NOTE: \*A two-hour experience offers either one (1) facilitation or one (1) coaching skill.**

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